

Measurement Equivalents

Liquid Measurements

3 teaspoons = 1 tablespoon

16 tablespoons = 1 cup

8 ounces = 1 cup

1 ounce = 2 tablespoons

16 ounces = 2 C = 1 pint

32 oz = 4 C = 1 quart

128 oz = 16 c = 8 pt = 4 qt = 1 gallon (gal)

#10 can = 96 ounces

Hotel Pan Sizes

Full Size: 20 x 12 inches

Half Size: 10 x 12 inches