Measurement Equivalents

Liquid Measurements

3 teaspoons = 1 tablespoon
16 tablespoons = 1 cup
8 ounces = 1 cup
1 ounce = 2 tablespoons
16 ounces = 2 c = 1 pint
32 oz = 4 c = 1 quart
128 oz = 16 c = 8 pt = 4 qt = 1 gallon (gal)
#10 can = 96 ounces

Hotel Pan Sizes

Full Size: 20 x 12 inches
Half Size: 10 x 12 inches